

W

house made granola
served with seasonal berries or
banana your choice of honey
infused yogurt or milk
12

crunch
all bran, cheerios, fruit loops, frosted
mini wheats or raisin bran. your
choice of milk: whole, skim, or soy
9
add berries or banana
11

steel cut Irish oatmeal
caramelized peaches,
brown sugar, toasted almonds
10

buttermilk pancakes short stack
seasonal berries, vermont maple
syrup
12

brioche French toast
peach chutney, candied pecan
crumbles,
vanilla infused whipped cream,
vermont maple syrup
12

seasonal fruit & berries
local and tropical fruit,
organic low fat yogurt
10

awake

warm basket of assorted pastries
and breads (4 pieces total)
croissant, chocolate croissant
muffins: bran, blueberry, banana
nut
toast: white, multi-grain, rye, or
english muffin
bagel: plain, cinnamon-raisin,
garlic, everything
fresh juice, coffee or tea
14

two organic eggs
breakfast potatoes, breakfast
meat, tender seasonal greens and
tomatoes, toast
14

Build your own omelet
choice of: cage-free eggs or egg
whites.
Assorted fillings: tomato, onion,
mushroom, spinach, ham, bacon,
peppers & assorted cheeses.
breakfast potatoes
choice of meat & choice of toast
14

midtown benedict
poached eggs, grilled canadian
bacon, cayenne pepper infused
hollandaise, breakfast potatoes,
herb infused roasted tomatoes
13

southern glam
two eggs your way, choice of
breakfast meat, sharp cheddar
cheese grits, buttermilk biscuit &
gravy
17

on the side

4

organic stoney field yogurt
strawberry, blueberry, or plain yogurt

blueberry chicken sausage

seasonal fruit and berries

smoked pork sausage link

breakfast potatoes

apple smoked bacon

southern style grits

grilled ham

biscuit or toast

buttermilk biscuit, chicken sausage
gravy

drinks

orange, cranberry, or grapefruit juice
4

fiji water, red bull, vitamin water
6

coffee, tea, espresso and decaf
3

cappuccino, latte
4

sodas
4

smoothies
4